December 8, 2017

Press Release

Sterlite Copper organises Counselling workshop for Young Women

(500 girls from APC Mahalaxmi College participated in the training)

Thoothukudi, December 8: Toady, Sterlite Copper organised ‘Counselling’ workshop for young women at APC Mahalaxmi College Thoothukudi. The objective of the seminar is to orient the women towards designing their career with happiness, enhance their self-esteem and thereby enable them stand empowered in future and lead a happy life. Ms. Jyothi Renjith, Associate Manager Expansion Project, Sterlite Copper Inaugurated the session in presence of Dr. V. Suresh, Rtd. HoD, Dept. of Psychology Annamalai University, Dr. R. C. Vasuki, Principal, APC Mahalaxmi College and Dr. K. Palani Professor, APC Mahalaxmi College

While addressing the gathering Ms. Jyothi said “Counselling is a better tool and therapy to be in control of ourselves and to feel good”. “Happiness depends upon ourselves and it is not something that can be postponed for the future. It is something that one designs for the present”, she added.

In our continuous endeavour to develop students of Thoothukudi, Sterlite Copper is organising multi programmes in the colleges on various topic to shape the young students for the future.

Sterlite Copper is partnering with various colleges in Thoothukudi District and organising several seminars aiming at guiding and developing the innate potentials of student community towards employability and self-reliance.

Cut Line: Ms. Jyothi Renjith, Associate Manager- Projects, Sterlite Copper inaugurating the counselling workshop for girl Students.

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